

BENGAL PRIDE

SIDES 8.95	BREAD	RICE
BOMBAY POTATO	CHAPATI 2.95 PARATHA 5.95	BOILED RICE 5.95
BHINDI BHAJI Okra.	PLAIN NAAN 5.95	BASMATI PILAU RICE 5.95
PHULKOPIR BHAJI Cauliflower.	GARLIC NAAN 5.95	GARLIC RICE 5.95
MASHARUM BHAJI Mushroom.	GARLIC & CORIANDER NAAN 5.95	CHILLI RICE 5.95
SAAG ALOO Spinach & potato.	GARLIC & CHEESE NAAN 5.95	LEMON RICE 5.95
GRANDMOTHER DHAL Mixed split lentils.	KEEMA NAAN 6.50 Spiced minced lamb.	MUSHROOM RICE 5.95
CHANA BHAJI Chickpeas.	PESHWARI NAAN 6.50	RICE & PEAS 5.95
CHANA MASALA Chickpeas with masala sauce.	POPPADOM 1.40 PICKLES 1.50 EACH Plain or spicy.	VEGETABLE RICE 5.95
SAAG PANEER Indian cheese & spinach.		EGG FRIED RICE 5.95
MOTOR PANEER Indian cheese with garden peas.		COCONUT RICE 6.50
		SPECIAL FRIED RICE 6.50 With egg, garden peas & nuts.
		KEEMA RICE 6.50 Spiced minced lamb.

CHILDREN'S DISHES 8.95
All served with chips.
CHICKEN NUGGETS
CHICKEN TIKKA MASALA
CHICKEN KORMA
CHICKEN CURRY
OMELETTE

ALLERGY NOTICE

NUTS & OTHER ALLERGENS ARE HANDLED IN OUR KITCHEN.

VEGETARIAN CONTAINS NUTS
 CONTAINS GLUTEN

BEFORE ORDERING PLEASE SPEAK TO OUR STAFF ABOUT ANY DIETARY REQUIREMENTS.

Our kitchen aims to keep non-meat items separate from meat products. However, we cannot guarantee there will be no cross-contamination.

Products are fried in oil produced from genetically modified soya. We take great care to remove the bones & cartilage from our boneless items, but there is a small chance of finding them.

ALL PRICES INCLUDE 20% VAT.



BENGAL PRIDE

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Please review us on Trip Advisor or follow us on social media: @BengalPrideHull

Main Menu

STUFFED PEPPER 9.75
Lightly spiced & marinated chicken in a whole green pepper, then barbecued in the tandoor.

CHEESY CHICKEN 9.75
Whole marinated chicken breast fillet covered in melted cheese.

CHICKEN SATAY 9.75
Sweet & spicy chicken with satay sauce.

SATAY SIZZLER 9.75
Chicken tikka & lamb tikka stir-fried with mushrooms (contains dairy).

BEHARI KEBAB 9.75
Chicken tikka & sheek kebab cooked with onion, green pepper & garlic.

SPICY PANGAS 9.75
Diced white fish, lightly coated in spices, shallow fried & garnished with fried onions.

CALAMARI 9.95
Squid rings in tempura batter, deep fried & served with sweet chilli sauce.

KHAKHRA CHAAT 9.95
Spiced minced crab meat with mashed potato, served with puri bread.

HOT TUNA CHAAT 9.95
Spicy tuna cooked with fresh chilli, onion & peppers, served with thin puri bread.

CONNOISSEUR FUSION APPETISERS

VEGETARIAN STARTERS

ONION BHAJI 7.95
Deep-fried, spiced onion balls.

VEG SAMOSA 7.95
Spiced vegetables wrapped in a deep fried pastry parcel.

CREAMY GARLIC MUSHROOMS 8.95

DHAI CHANNA 8.95
Spicy chickpea with fresh yogurt.

DESI SINGARA 8.95
Popular Indian street food: Spicy potato, peas & vegetables stuffed in thin dough & deep fried.

ALOO CHAAT PURI 8.95
Cubed potato cooked with chaat masala sauce, served on a thin puri bread.

DHAL PURI 8.95
Popular Indian street food: Hot & spicy lentil snack of stuffed pastry filled with a blend of lentil, chilli powder, turmeric, coriander and cumin powder.

CHEESE & ONION BHAJI 8.95
Deep-fried, spiced paneer & onion balls.

PANEER TIKKA 9.95
Marinated Indian cheese, barbecued in the tandoor.

CHILLI PANEER 9.95
Indian cheese with chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

TRADITIONAL STARTERS

MEAT SAMOSA 7.95
Spiced meat wrapped in a deep fried pastry parcel.

CHICKEN PAKORA 9.75
Chicken breast pieces dipped in spicy batter & deep fried.

CHICKEN CHAAT 9.75
Chicken cooked bhuna style with chaat sauce, served with thin puri bread.

HONEY CHICKEN TIKKA 9.75
Chicken breast pieces marinated in yoghurt & chilli infused honey.

CHICKEN TIKKA 9.75
Marinated & cubed meat, barbecued in the tandoor.

SIZZLING CHICKEN 9.75
Thinly sliced chicken tikka, stir-fried with onion & green pepper with herbs & spices a touch of methi.

NAGA CHICKEN 9.75
Special chilli flavoured home-cooked chicken – hot dish!

SHEEK/SHAMI KEBAB 9.75
Marinated minced lamb, grilled in the tandoor.

MIXED KEBAB 9.75
Includes chicken tikka, lamb tikka & sheek kebab.

RESHMI KEBAB 9.75
Marinated minced lamb, grilled in a tandoor then wrapped with omelette.

FISH MASALA 9.95
White fish, dusted with masala spices & deep fried.

PRAWN PURI 9.95
Prawns cooked bhuna style, served with a thin puri bread.

PRAWN COCKTAIL 9.95

CHEF SPECIALITIES

BUTTER CHICKEN 15.95
MILD Strips of fresh, boneless tandoori chicken, cooked in a rich butter sauce with fresh cream, almonds & carefully selected mild spices.

PASSANDA* 15.95
MILD Chicken cooked with cream & ground almonds to give it a fruity, nutty flavour, garnished with cashew nuts

SHAHI AMCHOR* 15.95
MILD Marinated chicken cooked with mango, almonds, fresh cream & Malibu.

KASHMIRI CHICKEN* 15.95
MILD Fresh caramel bananas top this mild & creamy dish.

MAKHANI CHICKEN TIKKA 15.95
MILD Tandoori roasted chicken tikka, simmered in a creamy tomato & fenugreek makahani sauce.

INDIAN GREEN CURRY* 15.95
MED Our take on green curry; Chicken infused with coriander, coconut cream & kefir lime leaves.

LAKNAVI* 15.95
MED Saucy bhuna chicken dish with garlic paste, lemon juice, herbs & spices.

ROSHUN CHICKEN* 15.95
MED Diced chicken cooked with roasted garlic, onion & tomato.

ACHARI CHICKEN* 15.95
MED Chicken cooked with mixed pickle, herbs & spices. Slightly tangy.

HONEY CHILLI CHICKEN 15.95

MED Chicken cooked with crushed chilli & glazed with honey.

CHICKEN SHASLICK KORAI 15.95

MED Chicken barbecued in the tandoori together with onion, tomato & pepper then re-cooked in a medium sauce.

CORIANDER CHICKEN 15.95
MED Chicken tikka in a blended coriander sauce with onion, tomato & selected herbs & spices.

PARO 15.95
MED Sliced chicken or lamb, lightly spiced & stir-fried with onion & green peppers, infused with liquid seasoning to impart smoky flavour, medium to dry dish.

MIX GRILL KORAI 15.95
MED Highly flavoured dish with tandoori chicken, chicken tikka, lamb tikka & sheek kebab.

BENGAL PRIDE SPECIAL 16.95
MED Chicken tikka, lamb tikka, king prawn & minced meat cooked with exotic herbs & spices.

BADAMI 15.95
MED A well flavoured chicken dish, cooked with cashew nut paste, onion & green peppers in a medium-thick sauce.

CHATTINARD 15.95
MED-HOT Chicken cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

ALOO KEMA PEAS 15.95
MED-HOT Spicy minced lamb, potato & peas cooked with fresh garlic, ginger, chopped chilli, cumin & garam masala.

JALFREZI* 15.95
HOT Chicken cooked with fresh green chillies, onion, peppers, herbs & spices.

CHICKEN REZELLA 16.95
HOT Highly spiced dish cooked with onion, green pepper & fresh herbs (flaming: contains sambuca).

NAGA CHICKEN* 15.95
HOT Chicken flavoured with naga chilli, herbs & spices — for a madras dish.

GARLIC CHILLI CHICKEN KORAI* 15.95
HOT Chicken cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices

SIMLA MIRCHI 15.95
HOT This madras style dish, created to chef's own recipe of chicken or lamb with jalapeños & carefully selected herbs & spices.

DEVNAS 15.95
HOT Marinated chicken & lamb tikka, cooked in a fairly hot sauce with fresh ginger, onion, peppers, pickled chilli & fresh coriander.

BENGAL BURNER 16.95
WARNING: RECOMMENDED FOR HOT CURRY LOVERS ONLY! Bhuna style dish, but hotter than a phaal with different types of chilli & full of flavour.

*Swap chicken for lamb £1.50 extra.

DESHI HANDI

'Deshi' is used to describe Asian style cooking, 'handi' is a unique large cooking pot that is used specially to prepare food in Indian homes.

This authentically spiced dish is cooked on a slow heat using the 'handi' method, definitely for the curry connoisseur!

VEGETABLE HANDI 14.95

CHICKEN / LAMB HANDI* 15.95

HANDI SAAGWALA* 15.95
Chicken (or lamb) with spinach.

HANDI KEEMA* 15.95
Chicken (or lamb) with minced meat.

*Swap chicken for lamb £1.50 extra.

TANDOORI

Tandoori dishes are marinated with herbs & spices overnight then barbecued in the clay tandoor. All served with salad & mint sauce.

CHICKEN TIKKA* 16.95
Marinated chicken tikka.

HONEY CHICKEN TIKKA 16.95
Chicken breast pieces marinated in yoghurt & chilli-infused honey.

*Swap chicken for lamb £1.50 extra.

TANDOORI CHICKEN 16.95
Half-on-the-bone.

CHICKEN SHASLICK* 17.95
Chicken tikka barbecued with onion, tomato & pepper.

SIZZLING CHICKEN 17.95
Thinly sliced chicken tikka, stir-fried with onion & green pepper with herbs & spices a touch of methi.

TANDOORI MIXED GRILL 18.95

Chicken tikka, lamb tikka, sheek kebab & tandoori chicken, served with plain naan & side of curry sauce.

MASALA

VEGETABLE & MUSHROOM MASALA 14.95

PANEER TIKKA MASALA 16.95

The nations favourite mild curry dish, cooked with almond, coconut & cream.

CHICKEN TIKKA MASALA 16.95

LAMB TIKKA MASALA 17.95

SIGNATURE DISHES

LAMB EXOTIC 17.95

MED Choice cuts of tender lamb, cooked bhuna style in a sweet & sour sauce, with fresh garden mint & a touch of English mustard for that extra kick!

LAMB NIHARI 17.95

MED An Indian subcontinent dish consisting of tender lamb marinated in a special home style then slow-cooked with garam masala, nihari masala & mustard seeds. A slightly hot dish.

NEPALI MIX MOSS 16.95
MILD Tandoori chicken off the bone, sliced lamb tikka & chicken tikka cooked with fresh herbs & cream.

JAIPUR CHICKEN 16.95

MED Marinated chicken grilled in the tandoori oven, combined with fried onion, capsicum & fresh Punjab masala in a thick sauce.

AKBARI CHICKEN 16.95

HOT Tender chicken strips cooked with minced meat, mushroom & green chilli, with a unique blend of herbs & spices to give an exquisite taste.

SEAFOOD SPECIALS

FISH MOILEY 16.95

A well known dish from South India with white fish cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

MACHLI PALAK 16.95
Sliced fillets of fish marinated over several hours in ginger, pepper, chilli & lemon juice in the clay oven then cooked gently with spinach in a medium-hot spice.

FISH PAKORA STIR FRY 16.95
Battered white fish stir-fried with peppers & onion in mango & habenero glaze.

DESHI PANGAS 16.95
White fish cooked with tomato, garlic, ginger & blended spices.

PRAWN GARLIC CHILLI 16.95
Prawns with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices.

TRADITIONAL CURRY

Most other curry dishes are also available:

KORMA	ROGAN JOSH	SAAG
MALAYAN	MEDIUM CURRY	BHUNA
DANSAK	DOPIAZA	METHI
CEYLON	MADRAS	PATHIA
PHAAL	VINDALOO	

VEGETABLE & MUSHROOM 14.95

CHICKEN 15.95 **CHICKEN TIKKA 15.95**

LAMB 17.95 **LAMB TIKKA 17.95**

PANEER 16.95 **PRAWN 17.95**

BALTI

*Swap chicken for lamb £1.50 extra.

Made with freshly prepared & ground aromatic spice mixture, combined with fresh garlic, ginger, onion, pepper & tomato – to give the Balti dish its distinctive taste.

VEGETABLE & MUSHROOM BALTI 14.95

CHICKEN TIKKA BALTI 16.95

GARLIC CHICKEN KORAI BALTI 16.95

GARLIC CHICKEN CHILLI BALTI 16.95

CHICKEN MOTOR SAAG BALTI 16.95
Chicken, chickpeas & spinach.

PRAWN BALTI 17.95

TANDOORI MIXED BALTI 17.95
Chicken, lamb & prawn.

VEGETARIAN SPECIALS

MIXED VEGETABLE PICKLE 14.95
Lightly spiced seasonal vegetables, stir-fried with pickling spices for a tangy finish.

SABJI GARLIC CHILLI 15.95
A hot dish of assorted fresh vegetables & Indian cheese stir-fried with diced onion, peppers, fresh garlic & chillies.

CHILLI BRINJEL 15.95
Aubergine cooked with green chilli, garlic, herbs & spices. Garnished with flaked chilli & fresh coriander.

DELHI DAL MAKHANI 16.95
Black lentils, red kidney beans & tomatoes.

PANEER MAKHANI 16.95
Mildly spiced Indian cheese in ricj tomatos sauce of cream, butter, coconut & fenugreek.

PANEER GARLIC KORAI 16.95
Cubed Indian cheese stir-fried with diced onion, garlic, peppers & herbs in a thick korai sauce.

CHILLI PANEER 16.95
Fairly dry dish with Indian cheese, chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

BIRYANI

Cooked with pilau rice & served with vegetable curry.

VEGETABLE & MUSHROOM BIRYANI 14.95

LUCKNOW CHICKEN BIRYANI 15.95

LUCKNOW CHICKEN TIKKA BIRYANI 16.95

HYDARABADI LAMB BIRYANI 17.95

HYDARABADI LAMB TIKKA BIRYANI 17.95

BENGAL SPECIAL BIRYANI 17.95
Chicken, lamb, prawns & mushroom, topped with omelette.