

MAIN COURSES

BENGAL PRIDE

TANDOORI

*Swap chicken for lamb £1.00 extra.
Tandoori dishes are marinated with herbs & spices overnight then barbecued in the clay tandoor. All served with salad & mint sauce.

TANDOORI CHICKEN £9.95
Half-on-the-bone.

CHICKEN TIKKA* £9.95
Marinated chicken tikka.

HONEY CHICKEN TIKKA £10.95
Chicken breast pieces marinated in yoghurt & chilli infused honey.

CHICKEN SHASLICK* £11.95
Chicken tikka barbecued with onion, tomato & pepper.

TANDOORI MIXED GRILL £12.95
Chicken tikka, lamb tikka, sheek kebab & tandoori chicken, served with plain naan & side of curry sauce.

TANDOORI FISH £12.95
Bengali fish fillet marinated in garlic & ginger, then cooked in a traditional clay oven.

TANDOORI KING PRAWN £14.95
King prawns marinated in yogurt with mint & coriander then grilled in the tandoor.

TANDOORI KING PRAWN SHASLICK £14.95
Large seasoned & marinated king prawn skewered with onions, pepper & tomato, then barbecued to perfection in the tandoori clay oven.

DESHI HANDI

'Desi' is used to describe Asian style cooking & 'handi' is a large, unique cooking pot used specially to prepare food in Indian homes.

This authentically spiced dish is cooked on a slow heat using the 'handi' method – definitely for the curry connoisseur!

TRADITIONAL CURRIES

All the traditional curry dishes are available: Korma, Bhuna, Pathia, Dhansak, Saag, Madras, Methi, Vindaloo, Ceylon, Malayan, Dopiaza, Rogan Josh & medium curry.

VEGETABLE & MUSHROOM £7.95

CHICKEN £8.95

LAMB £9.95

CHICKEN TIKKA £9.95

LAMB TIKKA £10.95

PRAWN £11.95

KING PRAWN £13.95

SIGNATURE DISHES

Our signature dishes are served with a side of curry leaf-infused rice.

NEPALI MIX MOSS £12.95
Tandoori chicken off the bone, sliced lamb tikka & chicken tikka cooked with fresh herbs & cream.

AKBARI CHICKEN £13.95
Tender chicken strips cooked with minced meat, mushroom & green chilli, with a unique blend of herbs & spices to give an exquisite taste.

JAIPUR CHICKEN £13.95
Marinated chicken grilled in the tandoori oven, combined with fried onion, capsicum & fresh Punjab masala in a thick sauce.

BENGAL SPECIAL KEEMA £13.95
Whole chicken breast stuffed with cheese & Spanish spices, oven roasted then finished in chef's special minced meat sauce – available mild, medium or hot!

LAMB EXOTIC £14.95
Choice cuts of tender lamb, cooked bhuna style in a sweet & sour sauce, with fresh garden mint & a touch of English mustard for that extra kick!

LAMB NIHARI £14.95
An Indian subcontinent dish consisting of tender lamb marinated in a special home style then slow-cooked with garam masala, nihari masala, mustard seeds & clove. A slightly hot dish.

LAMB SHANK £16.95
Mogul dish of slow-braised lamb shank cooked with fresh ground spices & yoghurt.

VEGETABLE HANDI £9.95

CHICKEN/LAMB HANDI £11.95

HANDI SAAGWALA £11.95
Chicken or lamb with spinach.

HANDI KEEMA £11.95
Chicken or lamb with minced meat.

BIRYANI

Cooked with pilau rice & served with a vegetable curry.

VEGETABLE & MUSHROOM BIRYANI £8.95

CHICKEN BIRYANI £9.95

LAMB BIRYANI £10.95

CHICKEN TIKKA BIRYANI £10.95

LAMB TIKKA BIRYANI £11.95

MIXED BIRYANI £12.95
Mushroom, chicken, lamb & prawn.

KING PRAWN BIRYANI £13.95

CHEF SPECIALITIES

*Swap chicken for lamb £1.00 extra

BUTTER CHICKEN £9.95

MILD Strips of fresh, boneless tandoori chicken, cooked in a rich butter sauce with fresh cream, almonds & carefully selected mild spices.

ALOO KEMA PEAS £9.95
MED-HOT Spicy minced lamb, potato & peas cooked with fresh garlic, ginger, chopped chilli, cumin & garam masala.

ASSAM SPECIAL CHICKEN* £9.95
MED Spiced chicken cooked with shatkora pickle – a type of lemon that only grows in parts of Bangladesh.

JALFREZI* £9.95
HOT Chicken cooked with fresh green chillies, onion, peppers, herbs & spices.

LAKNAVI* £9.95
MED Saucy bhuna chicken dish with garlic paste, lemon juice, herbs & spices.

PASSANDA* £9.95
MILD Chicken cooked with cream & ground almonds to give it a fruity, nutty flavour, garnished with cashew nuts.

GARLIC CHILLI KORAI* £9.95
HOT Chicken cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices.

FISH KORAI £10.95
MED A white fish dish with onion, capsicum & tomato.

MURGI BAHAR £10.95
MED Chicken cooked with minced meat, selected herbs & spices, onion, garlic, coriander & whole boiled egg.

SIMLA MIRCHI £10.95
HOT This madras style dish, created to chef's own recipe of chicken or lamb with jalapeños & carefully selected herbs & spices.

MASALA

The nations favourite mild curry dish, cooked with almond, coconut & cream.

VEGETABLE & MUSHROOM MASALA £8.95

CHICKEN TIKKA MASALA £9.50

LAMB TIKKA MASALA £9.95

CHITTAGONG CHINGRI MASALA £13.95

Giant Bay of Bengal king prawns are baked in the clay oven & then gently simmered in yoghurt & masala sauce.

CHICKEN CHATTINARD £10.95
MED-HOT Chicken cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds. A popular dish in South India.

GOAN CHICKEN* £10.95
MED-HOT Tender pieces of meat cooked with green chilli, curry leaf & mustard seeds, blended in a rich coconut milk sauce.

NAGA CHICKEN* £10.95
HOT Chicken flavoured with chilli for a madras dish, with naga chilli pickle, herbs & spices.

CHICKEN SHASLICK KORAI £10.95
MED Chicken barbecued in the tandoori together with onion, tomato & pepper then re-cooked in a medium sauce.

DEVDAAS £10.95
MED-HOT Marinated chicken & lamb tikka, cooked in a fairly hot sauce with fresh ginger, onion, peppers, pickled chilli & fresh coriander.

RAJASTANI GOSTH £11.95
HOT Sliced shanks of grilled lamb, gently simmered in yogurt & tamarind sauce – plenty of strong flavour.

ANARKOLI £11.95
HOT A modern twist: breaded & deep-fried chicken tikka, covered in hot sauce & topped with fried prawns.

SHAHI AMCHOR* £11.95
MILD Marinated chicken cooked with mango, almonds, fresh cream & Malibu.

MIX GRILL KORAI £11.95
MED Highly flavoured dish with tandoori chicken, chicken tikka, lamb tikka & sheek kebab.

BENGAL PRIDE SPECIAL £12.95
MED Chicken tikka, lamb tikka, king prawn & minced meat cooked with exotic herbs & spices.

BALTI

Swap chicken for lamb £1.00 extra
Made with freshly prepared & ground aromatic spice mixture, combined with fresh garlic, ginger, onion, pepper & tomato – to give the Balti dish its distinctive taste. Served with plain naan or pilau rice.

VEGETABLE BALTI £9.95

CHICKEN TIKKA BALTI £10.95

GARLIC CHICKEN KORAI BALTI £10.95

GARLIC CHICKEN CHILLI BALTI £10.95

CHICKEN MOTOR SAAG BALTI £11.95

TANDOORI KING PRAWN BALTI £13.95

SEAFOOD SPECIALS

FISH MOILEY £11.95
A well known dish from South India with white fish cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds.

DESHI PANGUSH £12.95
Sliced fillets of pangush fish with garam masala & herbs, in a light tasty sauce.

JINGA MALIBU EXOTIC £14.95
King prawns cooked with coconut & garnished with flaked almonds & fresh cream laced with Malibu!

GINGER SEA BASS £15.95
Marinated fillets of sea bass, shallow fried then served on stir fried potato, fresh spinach leaves & tomato, seasoned with chat masala, ginger, black pepper & soy sauce.

SALMON RELISH £15.95
Tempting diced fillet of salmon lavishly spiced & grilled in the tandoori, then cooked in a special blend of fresh coriander relish sauce with a slight infusion of garlic & ginger.

VEGETARIAN SPECIALS

MIX VEGETABLE RELISH £8.95
Selected fresh vegetables with mushroom, mixed in a blended coriander relish creating a unique tasting dish.

SHABJI GARLIC CHILLI £8.95
A hot dish of assorted fresh vegetables stir fried with Indian cheese stir fried with diced onion & peppers, fresh garlic & chillies.

PANEER DELIGHT £9.95
A very mildly spiced dish of Indian cheese cooked with butter, coconut & cream.

PANEER GARLIC KORAI £9.95
Cubed Indian cheese stir fried with diced onion, peppers & herbs in a thick korai sauce.

CHILLI PANEER £9.95
Fairly dry dish with Indian cheese, chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

TANDOORI PANEER SHASLICK £10.95
Indian cheese marinated with herbs & spices overnight then barbecued with onion, tomato & pepper. Served with salad & mint sauce.

STARTERS & SIDES

BENGAL PRIDE

CONNOISSEUR FUSION APPETISERS

MELON £5.50 🍷

CHICKEN SATAY £5.95 🍷
Sweet & spicy chicken with satay sauce.

BEHARI KEBAB £5.95
Chicken tikka & sheek kebab cooked with onion, green pepper & garlic

SATAY SIZZLER £5.95 🍷
Chicken tikka & lamb tikka stir fried with mushrooms (contains dairy).

STUFFED PEPPER £5.95
Lightly spiced & marinated chicken in a whole green pepper, then barbecued in the tandoor.

SPICY PANGUSH £5.95
Diced pangush fish, lightly coated in spices, shallow fried & garnished with fried onions.

SWEET CHILLI SQUID £6.95 🍷
Squid rings in tempura batter, deep fried & served with sweet chilli sauce.

KAKARA CHAAT £6.95 🍷
Spiced minced crab meat with mashed potato, served with puri bread.

ROSHUNI JINGA £6.95
Large king prawn fried with garlic & selected spices, served with garlic sauce.

DILL SALMON £6.95
Salmon fillet marinated with garlic, ginger, yogurt & dill.

HOT TUNA CHAAT £6.95 🍷
Spicy tuna cooked with fresh chilli, onion & peppers, served with thin puri bread

TEMPURA KING PRAWN £6.95
Breaded king prawn served with sweet chilli sauce.

JINGA BUTTERFLY £6.95 🍷
Whole flattened king prawn coated in breadcrumbs then fried.

SHARING STARTER PLATTER £16.95 🍷
A selection of king prawn hara, chicken pakora, chicken & lamb tikka, sheek kebab, onion bhaji & samosa, serves two people.

TRADITIONAL STARTERS

*Swap chicken for lamb 50p extra

ONION BHAJI £3.95 🍷
Spiced onion balls, deep fried.

DESI SINGARA £4.75 🍷
Popular Indian street food: Spicy potato, peas & vegetables stuffed in thin dough & deep fried.

DHAI CHANNA £4.95 🍷
Spicy chickpeas with fresh yogurt.

DHAL PURI £4.95 🍷
Popular Indian street food: Hot & spicy lentil snack of stuffed pastry filled with a blend of lentil, chilli powder, turmeric, coriander and cumin powder.

PANEER TIKKA £4.95 🍷
Marinated Indian cheese, barbecued in the tandoor.

ALOO CHAAT PURI £4.95 🍷
Cubed potato cooked with chaat masala sauce, served on a thin puri bread.

CHICKEN PAKORA £4.95 🍷
Chicken breast pieces dipped in spicy batter & deep fried.

CHICKEN CHAAT £5.50 🍷
Chicken cooked bhuna style with chaat.

CHICKEN / LAMB TIKKA £5.50
Marinated & cubed meat, barbecued in the tandoor.

SHEEK / SHAMI KEBAB £5.50
Marinated minced lamb, grilled in the tandoor.

NAGA CHICKEN* £5.50
Special chilli flavoured home-cooked chicken – hot dish!

PRAWN COCKTAIL £5.50

FISH MASALA £5.95 🍷
White fish, dusted with masala spices & deep fried.

MIXED KEBAB £5.95
Includes chicken tikka, lamb tikka & sheek kebab.

CHEESY CHICKEN £5.95
Whole marinated chicken breast fillet covered in melted cheese.

SIZZLING CHICKEN* £5.95
Thinly sliced chicken tikka, stir fried with onion & green pepper with herbs & spices a touch of methi. masala sauce.

SIZZLING KING PRAWN £6.95
Stir fried king prawns with sliced green peppers, onion & garlic paste.

KING PRAWN PURI £6.95 🍷
Cooked bhuna style, served with a thin puri bread.

TANDOORI KING PRAWN £6.95
King sized prawns marinated spices & herbs cooked in the tandoori clay oven.

SIDE DISHES 🍷

£4.25 EACH

BOMBAY POTATO

BHINDI BHAJI Okra.

CAULIFLOWER BHAJI

MUSHROOM BHAJI

ALOO GOBI Potato & cauliflower.

SAAG PANEER
Indian cheese & spinach.

SAAG ALOO Spinach & potato.

GRANDMOTHER DHAL
Mixed split lentils.

CHANNA BHAJI Chickpeas.

MOTOR PANEER
Indian cheese with garden peas.

BREAD 🍷

PLAIN NAAN £3.25 🍷

GARLIC NAAN £3.50 🍷

GARLIC & CORIANDER NAAN £3.50 🍷

CHEESY NAAN £3.50

KEEMA NAAN £3.50
Spiced minced lamb.

PESHWARI NAAN £3.50 🍷
Coconut, almond & sultanas.

CHICKEN TIKKA NAAN £3.80

PARATHA £3.50 🍷

STUFFED PARATHA £3.50 🍷

CHAPATI £1.95 🍷

RICE DISHES

BOILED RICE £2.90 🍷

PILAU RICE £3.30 🍷

EGG / GARLIC / CHILLI / LEMON / MUSHROOM / VEGETABLE RICE £3.50 🍷

COCONUT RICE £3.50 🍷
With egg, garden peas & nuts.

SPECIAL FRIED RICE £3.50 🍷
With egg, garden peas & nuts.

KEEMA RICE £3.50
Spiced minced lamb.

SUNDRIES 🍷

CHIPS £2.50

PAPADOM 90P Plain or spicy.

GREEN SALAD £1.95

RAITA £1.95
Yogurt with cucumber or onion.

PICKLE TRAY £3.90

PICKLES 90P EACH

IMPORTANT NOTICE

🍷 Vegetarian. 🍷 Contains nuts. 🍷 Contains gluten.

Products are fried in oil produced from genetically modified soya. We take great care to remove the bones & cartilage from our boneless items, but there is a small chance of finding them. Our kitchen aims to keep non-meat items separate from meat products. However, we cannot guarantee there will be no cross-contamination. ALL PRICES INCLUDE 20% VAT.

SPECIAL SET MENU
MONDAY & TUESDAY
ONLY! £13.95 per person

CURRY SET MEAL
FOR TWO £34.95

ONION BHAJI 🍷

CHICKEN PAKORA 🍷

NEPALI MIX MOSS 🍷

CHICKEN KARAI

BOMBAY POTATOES 🍷

PILAU RICE 🍷

GARLIC NAAN 🍷

TANDOORI SET MEAL
FOR TWO £36.95

SHEEK KEBAB

CHICKEN TIKKA

CHICKEN SHASHLICK

TANDOORI MIXED GRILL

CURRY SAUCE 🍷

PILAU RICE 🍷

GARLIC NAAN 🍷

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