SIDE DISHES

ALL £4.95 EACH

BOMBAY POTATO

BHINDI BHAJI Okra

BRINJAL BHAJI Aubergine.

CHANNA BHAJI Chickpea.

CAULIFLOWER BHAJI

MUSHROOM BHAJI

SAAG BHAJI Spinach & garlic.

ALOO GOBI Potato & cauliflower.

SAAG ALOO Spinach & potato.

GRANDMOTHER DHAL Mixed split lentils & garlic

SAAG PANEER

Indian cheese & spinach MOTOR PANEER

Indian cheese with garden peas.

KORMA

MASALA DANSAK

CURRY BHUNA MADRAS

VINDALOO

SERVED WITH CHIPS, PEAS & SALAD.

SIRLION STEAK 14.95 CHICKEN NUGGETS 9.95

SCAMPI 9.95 %

CHICKEN OMLETTE 9.95

MUSHROOM OR CHEESE OMLETTE 8.95

RICE DISHES

BOILED RICE 2.95

PILAURICE 3.45

EGG / GARLIC / CHILLI / LEMON / MUSHROOM / VEGETABLE RICE 3.50 9

SPECIAL FRIED RICE 3.50 @ With egg, garden peas & nuts

KFFMA RICF 3.80 Spiced minced lamb.

COCONUT RICE 3.80 @4 Coconut, almond & sultanas.

BREAD®

PLAIN NAAN BREAD 2.95

GARLIC NAAN 3.25 @

GARLIC & CORIANDER NAAN BREAD 3.25

GARLIC & CHEESE **NAAN 3.25**

PESHWARI NAAN 3.25 00 Coconut, almond & sultanas.

KEEMA NAAN 3.80 Spiced minced lamb.

CHICKEN TIKKA NAAN 3.80

PARATHA 3.25 @

STUFFED PARATHA 3.50 @

CHAPATI 1.95 @ PURI 1.50 @

SUNDRIES®

CHIPS 3.25

PLAIN/SPICY PAPADOM 80

GREEN SALAD 2.95

RAITA 2.95

Yogurt with cucumber or onion.

PICKLE TRAY 3.95

PICKLES 1.00 EACH

MPORTANT LLERGY OTICE

VEGETARIAN CONTAINS NUTS CONTAINS GLUTEN

Products are fried in oil produced from genetically

We take great care to remove the bones and cartilage from our boneles items, but there is a small chance of finding them.

Although we aren't a vegetarian restaurant our kitchen aims to keep non-meat items separate from meat products. However, we cannot guarantee there will

All prices include 20% VAT.

DINE IN ONLY SPECIAL OFFERS

THALI ALL-YOU-CAN-EAT NDAY ONLY 21.95



SPECIAL SET MENU NDAY-WEDNESDAY

UPGRADE FROM CHICKEN FOR +£1 EXTRA **PER DISH**

> PLEASE ASK IF YOU REOUIRE **GLUTEN FREE!**

TANDOORI SET MEAL **FOR 2** 34.95

PAPADOMS & PICKLE TRAY

CHICKEN TIKKA SHEEK KEBAB

CHICKEN SHASHLICK

TANDOORI MIXED GRILL BHUNA SAUCE PILAU RICE

GARLIC NAAN

ONION BHAJI

SHEEK KEBAB

2 PILAU RICE

CHICKEN

JALFREZI

2 NAAN

CURRY SET MEAL

BOMBAY POTATO VFG SAMOSA

OR 4 5195

CHANNA BHAJI

CHICKEN TIKKA

TIKKA MASALA

PRAWN BHUNA

LAMB BHUNA

CHICKEN

PAPADOMS & PICKLE TRAY



CURRY SET MEAL FOR 29.95

PAPADOMS & PICKLE TRAY ONION BHAJI CHICKEN PAKORA

NEPALI MIX MOSS

CHICKEN BALTI BOMBAY POTATOES

PILAU RICE @

GARLIC NAAN

VEGETABLE SET MEAL **FOR 2** 26.95

2 PAPADOMS NAAN 🗪 ONION BHAJI VEG SAMOSA 🗪 **BOMBAY POTATO** VEG KORMA VEGETABLE RICE -VEG BALTI

COLLECTION ONLY **OFFERS**

COLLECT FIVE MEAL STAMPS & RECEIVE A SIXTH DISH HALF PRICE (50% REDUCTION OFF LOWEST PRICED DISH)

OPEN HOURS

SUNDAY-THURSDAY 5PM-11PM FRIDAY & SATURDAY 5PM-11.30PM

BENGAL PRIDE

INDIAN RESTAURANT & TAKEAWAY 133 CHANTERLANDS AVENUE KINGSTON-UPON-HULL EAST YORKSHIRE HU5 3TJ

TEL 01482 442 119 WWW.BENGALPRIDE.CO.UK

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BENGAL PRIDE

IAKHA

01482 442119

15% DISCOUNT

ON COLLECTION ORDERS OVER £20

10% DISCOUNT WHEN **DINING IN** ONLY FOR NHS STAFF, AMBULANCE SERVICE, FIRE SERVICE, POLICE & TEACHERS

DELIVERY WITHIN 3 MILE RADIUS OF RESTAURANT (DELIVERY CHARGE APPLIES)

CONNOISSEUR FUSION APPETISERS

STUFFED PEPPER 5.95 Lightly spiced & marinated chicken in a whole green pepper, then barbecued in the tandoor.

BFHARI KFRAB 5.95 Chicken tikka & sheek kebab cooked with onion, green pepper & garlic.

CHICKEN SATAY 5.95 4 Sweet & spicy chicken with satay sauce.

CALAMARI 6.95 » Squid rings in tempura batter, deep fried & served with sweet chilli sauce.

HOT TUNA CHAAT 6.95 % Spicy tuna cooked with fresh chilli, onion & peppers, served with thin puri bread.

ROSHUNI JINGA 6.95
Large king prawn fried with garlic & selected spices, served with garlic sauce.

TEMPURA KING PRAWN 6.95 Breaded king prawn served with sweet chilli sauce.

KAKARA CHAAT 6.95 Spiced minced crab meat with mashed potato, served with puri bread.

Salmon fillet marinated with garlic, ginger, yogurt & dill.

TANDOORI LAMB CHOPS 6.95

SHARING STARTER PLATTER 17.95

A selection of king prawn, chicken pakora, chicken & lamb tikka, sheek kebab, onion bhaji & samosa, serves two people.

PANFFR TIKKA 5.95

Marinated Indian cheese.

barbecued in the tandoor.

DHAL PURI 4.95 Hot & spicy lentil snack of stuffed pastry

MILD Marinated chicken filled with a blend of lentil, chilli powder, cooked with mango, almonds turmeric, coriander and cumin powder. fresh cream & Malibu. PANFER CHILLI 5.95

ROSHUN Grilled Indian cheese cooked in CHICKEN 9.50 a sweet & spicy chilli sauce. MED Diced chicken or lamb, cooked with roasted

> garlic, onion & tomato. CHICKEN SHASLICK KORAI 9.50

CHICKEN 9.50

selected mild spices.

KASHMIRI

SHAHI

MILD Strips of fresh, boneless

tandoori chicken, cooked in

a rich butter sauce with fresh

cream, almonds & carefully

PASSANDA* 9.50 4

MILD Chicken cooked with

cream & ground almonds to

give it a fruity, nutty flavour,

garnished with cashew nuts.

MILD Fresh caramel bananas

top this mild & creamy dish.

AMCHOR* 9.50

CHICKEN* 9.50

MED Chicken barbequed in the tandoori together with onion, tomato & pepper then re-cooked in a medium sauce. CHICKEN 9.50

CHEF SPECIALITIES MIXED GRILL

MED Chicken tikka in a blended coriander sauce with onion. tomato & selected herbs & spices

HONEY CHILLI CHICKEN 9.50 MED Chicken cooked with crushed chilli & glazed with honey.

I AKNAVI* 9.50 MED Saucy bhuna chicken dish with garlic paste, lemon iuice, herbs & spices.

ACHARI* 9.50 MILD Chicken cooked with mixed pickle, herbs & spices. Slightly tangy.

ASSAM SPECIAL CHICKEN* 9.50 MED Spiced chicken cooked with shatkora pickle - a type of lemon that only grows in parts of Bangladesh.

FISH GARLIC

garlic, capsicum & tomato.

KORAI 9.95

MURGI BAHAR 9.50 MED Chicken cooked with minced meat, selected herbs & spices, onion, garlic, coriander & whole boiled egg.

FISH MOILEY 10.95 MED-HOT White fish cooked in ginger & garlic paste with coconut & green chilli, blended with curry leaf & mustard seeds. MED A white fish dish with onion

KORAI 10.95

MED Highly flavoured dish with

tandoori chicken, chicken tikka.

lamb tikka & sheek kebab

BENGAL PRIDE

SPECIAL 10.95

tikka, king prawn &

exotic herbs & spices.

CHICKEN

MED Chicken tikka, lamb

minced meat cooked with

CHATTINARD 9.50

MED=HOT Chicken cooked

in ginger & garlic paste with

coconut & green chilli, blended

with curry leaf & mustard seeds.

A popular dish in South India.

MED=HOT Marinated chicken

ginger, onion, peppers, pickled chilli & fresh coriander.

MED-HOT Spicy minced lamb,

fresh garlic, ginger, chopped

chilli, cumin & garam masala.

potato & peas cooked with

& lamb tikka, cooked in a

fairly hot sauce with fresh

ALOO KEEMA

PFAS 9.50

DEVDAS 9.50

HOT Chicken cooked with fresh green chillies, onion, peppers, herbs & spices.

GARLIC CHILLI KORAI* 9.50

HOT Chicken cooked with fresh green chillies, chopped garlic, diced onion & peppers with ground herbs & spices.

SIMI A MIRCHI 9.50 HOT This madras style dish, created to chef's own recipe of chicken or lamb with jalapeños & carefully selected herbs & spices.

CHICKEN* 9.50 HOT Chicken flavoured with chilli for a madras dish, with naga chilli pickle, herbs & spices.

CHICKEN REZELLA 9.95 HOT Highly spiced dish cooked with onion, green pepper & fresh herbs (flaming

contains sambuca). BENGAL **BURNER 9.95** 4

VERY HOT RECOMMENDED FOR HOT CURRY LOVERS ONLY Bhuna style dish, but hotter than a phaal with different types of chilli & full of flavour.

VEGETARIAN STARTERS

ONION BHAJI 4.25 28 Spiced onion balls, deep fried.

VFG SAMOSA 4.25 Spiced vegetables wrapped in a deep fried pastry parcel.

CREAMY GARLIC MUSHROOMS 4.95 @

TRADITIONAL

STARTERS

CHICKEN PAKORA 5.50 %

CHICKEN CHAAT 5.50 %

CHICKEN TIKKA* 5.50

NAGA CHICKEN* 5.50

chicken (or lamb) – hot dish!

Marinated minced lamb.

grilled in the tandoor.

Special chilli flavoured home-cooked

CHEESY CHICKEN 5.50

Whole marinated chicken breast

fillet covered in melted cheese.

SHFFK/SHAMI KFBAB 5.50

MEAT SAMOSA 4.25 %

Chicken breast pieces dipped in spicy batter & deep fried.

Chicken cooked bhuna style

served with thin puri bread

Marinated & cubed meat,

barbecued in the tandoor.

Spiced meat wrapped in a deep fried pastry parcel.

ALOO CHAAT PURI 4.95 Cubed potato cooked with chaat masala sauce, served on a thin puri bread.

Popular Indian street food: Spicy potato, peas & vegetables stuffed in thin dough & deep fried.

DHAI CHANNA 4.95

DESI SINGARA 4.95

Spicy chickpeas with fresh yogurt.

SIZZLING CHICKEN* 5.95 Thinly sliced chicken tikka stir fried with onion & green pepper with

HONEY CHICKEN **TIKKA 5.95** Chicken breast pieces marinated in yoghurt & chilli infused honey.

herbs & spices a touch of methi.

MIXED KEBAB 5.95 Includes chicken tikka, lamb tikka & sheek kebab.

FISH MASALA 5.95 White fish dusted with masala spices & deep fried.

PRAWN COCKTAIL 5.95

PRAWN PURI 5.95

Prawn cooked in a medium fresh spices & served with puri bread

KING PRAWN PURI 6.95 Cooked bhuna style, served with a thin puri bread.

SIZZI ING KING PRAWN 6.95 Stir fried king prawns with sliced green peppers, onion & garlic paste.

* REPLACE CHICKEN WITH LAMB +50p

TANDOOR

CHICKEN TIKKA* 9.95 Marinated chicken tikka.

HONEY CHICKEN TIKKA 9.95

Chicken breast pieces marinated in voghurt & chilli infused honey.

TANDOORI CHICKEN 9.95 Half-on-the-bone.

SIZZLING CHICKEN 9.95 Thinly sliced chicken tikka, stir fried with onion & green pepper with herbs & spices a touch of methi.

TANDOORI FISH 9.95 Bengali fish fillet marinated in garlic & ginger, then cooked in a traditional clay oven.

TANDOORI DISHES ARE MARINATED WITH HERBS & SPICES OVERNIGHT THEN BARBECUED IN THE CLAY TANDOOR. SERVED WITH SALAD & MINT SAUCE.

CHICKEN SHASLICK* 10.95 Chicken tikka barbecued with onion, tomato & pepper.

TANDOORI MIXED GRILL 12.95 Chicken tikka, lamb tikka, sheek kebab & tandoori chicken, served with plain naan & side of bhuna sauce.

TANDOORI KING PRAWN 13.95 King prawns marinated in yogurt with mint & coriander then grilled in the tandoor.

TANDOORI KING PRAWN SHASLICK 13.95 Large seasoned & marinated king prawn

skewered with onions, pepper & tomato, then barbecued to perfection in the tandoori clay oven.

* REPLACE CHICKEN WITH LAMB +£1

SIGNATURE DISHES

NEPALI MIX MOSS 11.95 4 MILD Tandoori chicken off the bone, sliced lamb tikka & chicken tikka cooked with fresh herbs & cream.

JINGA MALIBU **EXOTIC 13.95** ¢

MID King prawns cooked with coconut & garnished with flaked almonds & fresh cream laced with Malibu!

JAIPUR CHICKEN 11.95 MED Marinated chicken grilled in the tandoori oven, combined with fried onion, capsicum & fresh Punjab masala in a thick sauce.

LAMB EXOTIC 12.95 MED Choice cuts of tender lamb, cooked bhuna style in a sweet & sour sauce, with fresh garden mint & a touch of English mustard for that extra kick!

LAMB NIHARI 12.95 MED An Indian subcontinent dish consisting of tender lamb marinated in a special home style then slow-cooked with garam masala, nihari masala & mustard seeds. A slightly hot dish.

* REPLACE CHICKEN WITH LAMB +£1 OR KING PRAWNS +£3

AKBARI CHICKEN 11.95 MED-HOT Tender chicken strips cooked with minced meat, mushroom & green chilli, with a unique blend of herbs & spices to give an exquisite taste.

BENGAL SPECIAL KFFMA 11.95

Whole chicken breast stuffed with cheese & Spanish spices, oven roasted then finished in chef's special minced meat sauce.

DESHI HANDI

COOKING, 'HANDI' IS A UNIQUE LARGE COOKING POT THAT IS USED SPECIALLY TO PREPARE FOOD IN INDIAN HOMES. THIS AUTHENTICALLY SPICED DISH IS COOKED ON A SLOW HEAT USING THE 'HANDI' METHOD... FOR THE CURRY CONNOISSEUR!

VEGETABLE HANDI 9,25

CHICKEN HANDI* 9.95

HANDI SAAGWALA* 9.95 Chicken with spinach.

HANDI KEEMA 9.95 Chicken with minced lamb meat.

VEGETARIAN SPECIALS

MIXED VEGETABLE RELISH 9.25 Selected fresh vegetables with mushroom, mixed in a blended coriander relish creating a unique tasting dish.

SHABJI GARLIC CHILLI 9.25 A hot dish of assorted fresh vegetables stir

fried with Indian cheese stir fried with diced onion & peppers, fresh garlic & chillies.

CHILLIBRINJEL 9.50 Aubergine cooked with green chilli, garlic, herbs &

spices, Garnished with flaked chilli & fresh coriander. CHILLI PANEER 9.95

Fairly dry dish with Indian cheese, chopped green chilli, a touch of methi, herbs & spices. Garnished with flaked chilli & fresh coriander.

PANFER DELIGHT 9.95 4 A very mildly spiced dish of Indian cheese cooked with butter, coconut & cream.

PANFER GARLIC KORAL 9.95 Cubed Indian cheese stir fried with diced onion. peppers & herbs in a thick korai sauce.

TANDOORI PANEER SHASLICK 11.95 Indian cheese marinated with herbs & spices overnight then barbecued with onion, tomato & pepper. Served with salad & mint sauce.



TRADITIONAL CURRY

ALL THE TRADITIONAL CURRY DISHES ARE AVAILABLE KORMA .. BHUNA, PATHIA, DHANSAK, SAAG. MADRAS, METHI, VINDALOO, CEYLON, MALAYAN DOPIAZA, ROGAN JOSH & MEDIUM CURRY.

VEGETABLE & MUSHROOM 8.95 @

CHICKEN 9.50 CHICKEN TIKKA 9.95

LAMB 11.50 LAMB TIKKA 12.50

PRAWN 10.95 KING PRAWN 12.95

> COOKED WITH PILAU RICE & SERVED WITH A VEGETABLE CURRY.

VEGETABLE & MUSHROOM BIRYANI 9.75 @

CHICKEN BIRYANI 9.95

CHICKEN TIKKA BIRYANI 10.25

I AMB BIRYANI 10.95

I AMB TIKKA BIRYANI 11.50

PRAWN BIRYANI 11.95

KING PRAWN BIRYANI 12.95

BENGAL SPECIAL BIRYANI 13.95

Chicken, lamb, king prawn & mushroom, topped with omelette.

BALTI

* REPLACE CHICKEN WITH LAMB +£1

MADE WITH FRESHLY PREPARED & GROUND AROMATIC SPICE MIXTURE, COMBINED WITH FRESH GARLIC, GINGER, ONION, PEPPER & TOMATO - GIVES THE BALTI DISH ITS DISTINCTIVE TASTE, SERVED WITH PLAIN NAAN OR PILAU RICE.

VEGETABLE BALTI 9.95

CHICKEN TIKKA BALTI* 10.95

GARLIC CHICKEN KORAI BALTI* 10.95

GARLIC CHICKEN CHILLI BALTI* 10.95 CHICKEN MOTOR SAAG BALTI* 11.50

PRAWN BALTI 11.95

TANDOORI MIXED BALTI Chicken, lamb & prawns. 12.95

TANDOORI KING PRAWN BALTI 13.95

MASALA

THE NATIONS FAVOURITE MILD CURRY DISH, COOKED WITH ALMOND, COCONUT & CREAM.

VEGETABLE & MUSHROOM MASALA 8.95

CHICKEN TIKKA MASALA 9.25

I AMB TIKKA MASALA 10.95

CHITTAGONG CHINGRI MASALA 12.95 Giant Bay of Bengal king prawns are baked in the clay oven & then gently simmered in yohurt & masala sauce.